

### Top 14 Reasons Our Babies Cry

1. I am hungry, feed me!
2. I need to be burped.
3. I have tummy pain, can you massage my tummy?
4. I need my diaper changed.
5. I miss you, can you hold me close?
6. I am too hot, take off my blanket please.
7. I am bored, can you play with me?
8. I am uncomfortable- something is pokey.
9. My tooth is coming in and it hurts!
10. There are too many sights and sounds near me. Can you bring me somewhere quiet?
11. I am cold, can you put a sweatshirt on me?
12. I am tired, can you help me go to sleep?
13. I don't feel well. Can you take my temperature?
14. I don't know why I am crying! Please take a break and get help if you need it. I love you.

### February Funnies

What do you call a very small Valentine? **A Valen-TINY!**



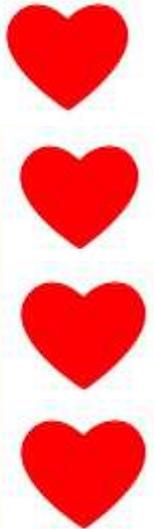
**Knock Knock.**  
*Who's there?*  
**Howard.**  
*Howard who?*  
**Howard you like a kiss 'n a hug?**

What do you call two birds in love?  
**Tweethearts!**

Where do hamburgers take their girlfriends on Valentine's Day?  
**To the MEAT-ball!**



Happy  
Valentine's  
Day



### Frozen Yogurt Bites



#### You Will Need:

- mini muffin tin (or even an ice cube tray)
- mini muffin tin liners
- granola, yogurt, and fruit

#### Directions:

Place the liners in the muffin tin.  
Add granola to the bottom of the cups.  
Fill almost to the top of the liner with your favorite yogurt.  
Place a few pieces of fruit in the top of the yogurt.  
Freeze in the freezer until the Yogurt Bites are frozen.  
Remove from liners and serve immediately.

- Will store in the freezer for up to 3 weeks.

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