



The Kissing Hand

By Audrey Penn

- Encourage the children to recall what the story was about.
- Who were the characters?
- What was the problem?
- Invite children to blow a kiss before you turn each page.

A Sledding We Will Go

A sledding we will go,
A sledding we will go,
We'll hold on tight
And sit just right,
And down the hill we'll go,
Wheeeee!



For children who have limited attention spans or difficulties sitting still:

- Offer something for the child to hold.
- Offer a textured cushion to sit on during seated activities.
- Encourage the child to visit an open area, such as the library, when finished with a task.

Yogurt Dipped Strawberries



Does sugar make your kiddies a little crazy? Not to worry! When you want to make chocolate dipped strawberries, try dipping them in yogurt instead!

This provides your little ones with a healthy snack that offers lots of vitamins with a splash of calcium and protein.